NeuroRehabilitation 2008: The Traumatized Brain
A Focus on the Continuum of Care

Kessler Conference Center
1199 Pleasant Valley Way
West Orange, NJ

November 7 - 8, 2008

About the Program
This two-day multidisciplinary conference explores the continuum of care for the stroke and traumatic brain injured patient. The impact that scientific, medical and technological advances have made upon the continuum and the medical rehabilitation of these patients will be described. Conference topics range from evidence-based intensive care unit treatment guidelines through community reintegration and fitness for the neurologically impaired person. Various breakout sessions allow participants the opportunity to customize their learning experience.

TARGET AUDIENCE
Physicians
Nurses
Physical Therapists
Occupational Therapists
Speech Therapists
Physical Therapy Assistants
Certified Occupational Therapist Assistants
Case Managers
Social Workers
## Schedule

### Friday, November 7, 2008

- **7:30 a.m.** Registration & Continental Breakfast
- **8:00 a.m.** Welcome
  - Robert Brehm
  - President, Kessler Institute for Rehabilitation
- **8:15 a.m.** Neural Plasticity: Foundation for NeuroRehabilitation
  - Jeffrey Kleim, PhD
  - Malcom Randall VA Medical Center
- **9:15 a.m.** Break
- **9:30 a.m.** Mission ImPossible: Managing the Severe Traumatic Brain Injured Patient in the Intensive Care Unit
  - Mary Kay Bader, RN, MSN, CCNS, CCRN, CNRN
  - Mission Hospital Regional Medical Center
- **10:30 a.m.** Break
- **10:45 a.m.** Enhancing Recovery Following Stroke and Brain Injury
  - David Good, MD
  - Penn State Milton S. Hershey Medical Center
- **11:45 a.m.** Lunch
- **12:45 p.m.** Breakout Session 1
- **1:45 p.m.** Break
- **2:00 p.m.** Breakout Session 2
- **3:00 p.m.** Break
- **3:15 p.m.** Breakout Session 3
- **4:15 p.m.** Adjourn

### Saturday, November 8, 2008

- **7:45 a.m.** Registration & Continental Breakfast
- **8:15 a.m.** Managing the Severe Disorders of Consciousness Patient
  - Jonathan Fellus, MD
  - Kessler Institute for Rehabilitation
- **9:15 a.m.** Break
- **9:30 a.m.** Bridging the Gap – Community Reintegration of the Brain Injured Patient
  - Katrina Guerrero, MS, CRC
  - Kessler Institute for Rehabilitation
- **10:30 a.m.** Break
- **10:45 a.m.** Fitness for the Neurologically Impaired Patient
  - Bruce Gans, MD
  - Kessler Institute for Rehabilitation
- **11:45 a.m.** Lunch
- **12:45 p.m.** Breakout Session 1
- **1:45 p.m.** Break
- **2:00 p.m.** Breakout Session 2
- **3:00 p.m.** Break
- **3:15 p.m.** Closing Remarks
  - Countertransference and Coping from the Caregiver’s Perspective
  - Carl Ziesing, PhD
  - Kessler Institute for Rehabilitation
- **3:45 p.m.** Adjourn

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### General Session Objectives

Upon completion of this course, participants will be able to:

- Describe the concept of neural plasticity in the context of neurorehabilitation
- Discuss the physiological changes that occur in the brain post neurotrauma
- List technologies used in the intensive care unit (ICU) to monitor and treat the traumatic brain injured patient (TBI)
- Describe interventions utilized in the ICU to optimize TBI outcomes
- Explain the difference between spontaneous recovery and enhanced recovery
- Describe specific techniques to enhance motor recovery
- Summarize current thinking on the role of pharmacological agents to enhance recovery post-stroke and brain injury
- Explain the evolving terminology, prognosis, differential diagnosis and diagnostic criteria of the various severe disorders of consciousness (SDOC)
- Describe tools used to objectively probe for signs of awareness in SDOC
- Discuss the role of pharmaceuticals used to stimulate arousal and potentially consciousness in the SDOC patient
- Describe the multi-disciplinary approach to cognitive rehabilitation
- Discuss the importance of community reintegration post-brain injury
- Describe the physiology of rest-induced weakness
- Explain the importance of assessing the cardiopulmonary fitness status of patients with neurological disorders
- Discuss the importance of incorporating fitness training into the acute and long term rehabilitation management programs of the neurologically impaired patient
- Describe countertransference from a psychological and neuroanatomical perspective
Objectives for Breakout Sessions

State of Stroke Rehabilitation Technology
* Uri Adler, MD
  - Describe theories of recovery
  - List state of the science technology being utilized in stroke rehabilitation
  - Discuss current clinical research that supports the use of rehabilitation technology

Bladder Protocol for Patients Recovering from Stroke and Brain Injury
* Michelle Matthews, RN, MSN, CRRN, NE-BC
  - Discuss post-stroke urinary incontinence management
  - Describe functional patient outcomes following the initiation of a bladder protocol
  - Explain how the effective use of a bladder management protocol improves urinary incontinence

Assessing Cognitive Status in Brain Injury
* Karen Kepler, DO, PhD
  - Describe assessment tools used to evaluate cognitive and neurobehavioral status in a variety of acquired brain injury populations
  - Discuss the role of interdisciplinary assessment of cognitive and behavioral status to facilitate goal setting and behavioral management within the brain injury team

Virtual Reality - Lower Extremity Function and Gait
* Judith Deutsch, PT, PhD
  - Distinguish between high and low technology virtual reality (VR) systems
  - Describe the state of the science in VR technology and gaming for rehabilitation of walking
  - Apply principles of VR technology to clinical practice

Building Nursing Experts on a Brain Injury Unit
* Karen Liszner, BSN, MHA, CRRN
  - Define the specialty practice
  - Delineate preceptorship and development strategies
  - Incorporate the “unpredictability” of brain injury into teaching
  - Discuss interdisciplinary teamwork strategies for building experts

Post Traumatic Stress Disorder and Mild Traumatic Brain Injury: Recognizing and Managing Co-morbidity in an Outpatient Rehabilitation Setting
* Monique Tremaine, PhD
  - Discuss symptomology and differential diagnosis of mild traumatic brain injury (mTBI) vs. post traumatic stress disorder (PTSD)
  - Discuss diagnostic disagreement related probability and quality of PTSD symptoms following an amnestic event due to TBI
  - Discuss current research related to the neuroanatomical and neurochemical effects of TBI and PTSD
  - Describe unique treatment issues related to co-morbid PTSD and mTBI

Vestibular Therapy for Patients with Acquired Brain Injuries
* Joseph Caccavo, MPT
  - Describe the anatomy and physiology of the vestibular system
  - Discuss evaluation and treatment strategies for dizziness in the acquired brain injured population

Evaluating the Brain Injured Patient in the Trauma Center
* Allison Averill, MD
  - Evaluate for causes of agitation and abulia
  - Evaluate for management of agitation and abulia
  - Describe how to expedite transition from the acute care hospital to the acute rehab setting

Functional Visual Disabilities post-Stroke
* Anna Barrett, MD
  - Describe obstacles to accurately assessing visual spatial disabilities post-stroke
  - Discuss two major components of recovery in functional visual spatial disability
  - Review evidence-based interventions for functional visual disabilities

Seating and Positioning in the Stroke and Brain Injury Population
* Terrence Carolan, PT, ATP
  - Review current seating options for patients with stroke and traumatic brain injury
  - Discuss the impact of seating and positioning on function

The Safety Dilemma in Brain Injury Care
* Joan Alverzo, PhD, CRRN
  - Identify the safety risks to patients and staff members on a brain injury unit
  - Evaluate assessment methods for identifying patient and staff risk for injury
  - Analyze environmental factors that impact patient and staff safety
  - List the key components of a safety educational campaign on a brain injury unit
  - Evaluate the evidence of safety strategies in the care of brain injury patients

Driving after Brain Injury
* Beth Rolland, OTR, CDRS
  - Identify deficits that impact safety behind the wheel
  - Determine which patients should be referred for further evaluation of driving skills
  - Incorporate strategies into the rehabilitation process targeted for return to driving

An Interdisciplinary Approach to Behavioral Management post-Brain Injury
* Hossam Bayoumy, PT
  - Describe behavioral changes that may result from brain injury
  - Administer a standardized assessment tool for agitated behavior
  - Develop an interdisciplinary behavior management plan

Augmentative-Alternative Communication after Brain Injury
* Julie Bahrart-Crumby, MS, CCC-SLP, ATP
  - List various forms of augmentative-alternative communication systems
  - Describe issues regarding successful utilization of augmentative-alternative communication devices

Neurobehavioral and Cognitive Sequela post-Stroke: Impact on Function
* Monika Eller, OTR
  - Describe deficits associated with cerebral vascular dysfunction
  - Discuss activities of daily living analysis to determine neurobehavioral and cognitive impairments
  - Identify long term deficits affecting return to instrumental activities of daily living, work and driving
  - Recognize the social and psychological sequela of stroke
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<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Institution</th>
<th>City, State</th>
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<tbody>
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For 60 years, Kessler has pioneered the course of physical medicine and rehabilitation. Today, as the nation’s largest single rehabilitation hospital, Kessler continues to lead the field in the care and treatment of individuals with brain injury, stroke, spinal cord injury, neurological disorders, amputation and musculoskeletal conditions.

Through a highly integrated program of care, Kessler’s rehabilitation specialists address the complex medical, physical, psychological and emotional challenges of each patient. These interdisciplinary teams deliver the advanced care, evidence-based treatment and state-of-the-science technologies to meet the unique needs and rehabilitation goals of patients, enabling them to restore strength, regain function and return home to family, work and community activities.

Kessler is proud to be one of only seven centers in the nation to be federally designated as a Model System for both brain injury and spinal cord injury rehabilitation and research … and is equally proud to be recognized as one of “America’s Best Hospitals” – and the top rehabilitation hospital in the East – by U.S. News & World Report. Kessler is accredited by The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities with special certification in stroke, brain injury, spinal cord injury and general rehabilitation.

The Northern New Jersey Traumatic Brain Injury System (NNJTBIS) is a Traumatic Brain Injury Model System of Care funded by the National Institute on Disability and Rehabilitation Research. This project, effective October 1, 2007, is a cooperative effort of Kessler Medical Rehabilitation Research and Education Center, a division of the Henry H. Kessler Foundation, Kessler Institute for Rehabilitation, University of Medicine and Dentistry of New Jersey-University Hospital, Hackensack University Medical Center, Morristown Memorial Hospital, and St. Joseph Medical Center. The NNJTBIS provides a comprehensive continuum of state-of-the-art care for persons with traumatic brain injury from the time of injury through long-term follow-up in the community.
Kessler Medical Rehabilitation Research and Education Center

Kessler Medical Rehabilitation Research and Education Center (KMRREC), a division of the Henry H. Kessler Foundation is a premier medical research organization conducting rehabilitation research that will improve health and promote wellness for persons with physical disabilities, musculoskeletal and neurological conditions and may lead to cures. KMRREC offers educational programming, as well as disseminates its research findings to a national and international audience of scientists, clinicians, educators, and consumers who are concerned with improving the quality of life for persons with these conditions.

Educational Information

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Kessler Medical Rehabilitation Research and Education Center (KMRREC), a division of the Henry H. Kessler Foundation and Kessler Institute for Rehabilitation. KMRREC is accredited by the ACCME to provide continuing medical education for physicians. KMRREC designates this continuing medical education activity for a maximum of 11.5 credit hours in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only the hours of credit that he/she actually spent in the educational activity (application approval pending).

Kessler Institute for Rehabilitation-Inpatient Division Education Department is an approved provider of continuing education by the New Jersey State Nurses Association, Provider Number P105-10/2006-2009, which designates this course for 11.5 contact hours. NJSNA is accredited by the ANCC Commission on Accreditation of the American Nurses' Association.

Kessler Institute for Rehabilitation-Inpatient Division Education Department is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. This program is offered for 1.1 CEUs (Intermediate Level, Professional Area). ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

Applications have been made to the following accrediting bodies:
New Jersey State Board of Physical Therapy Examiners (11.5 CE credits)
New Jersey State Board of Social Work Examiners (11.5 CE credits)
Commission for Case Manager Certification (11.5 clock hours)
Other healthcare professionals will be awarded certificates of attendance for 11.5 clock hours.

Disclosure Statement

It is the policy of Kessler Medical Rehabilitation Research and Education Center (KMRREC), a division of the Henry H. Kessler Foundation to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. All faculties participating in continuing medical education programs sponsored by KMRREC must disclose any relationship they have with any commercial entity that may pose a conflict of interest with regard to the program. Full disclosure of faculty relationships will be made at the program.
Course Fees
Course fee includes conference materials, meals and breaks. Registration deadline is October 31, 2008. Refunds, minus a $25.00 processing fee will be granted up to October 31, 2008. No refunds will be awarded after October 31, 2008. Participant substitutions are permitted with prior notice.

Friday registration only - $195.00  Saturday registration only - $195.00  Friday & Saturday registration - $350.00

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Breakout Sessions
Please select your breakout sessions by placing an X in the box that corresponds to the sessions you wish to attend.
Choose one session per time slot.

**FRIDAY SESSIONS**

12:45pm Breakout Sessions
- ☐ State of Stroke Rehabilitation Technology
  Uri Adler, MD
- ☐ Bladder Protocol for Patients Recovering From Stroke and Brain Injury
  Michelle Matthews, RN, MSN, CRRN, NE-BC
- ☐ Assessing Cognitive Status in Brain Injury
  Karen Kepler, DO, PhD

2:00pm Breakout Sessions
- ☐ Virtual Reality - Lower Extremity Function and Gait
  Judith Deutsch, PT, PhD
- ☐ Building Nursing Experts on a Brain Injury Unit
  Karen Liszner, BSN, MHA, CRRN
- ☐ Post Traumatic Stress Disorder and Mild Traumatic Brain Injury: Recognizing and Managing Co-morbidity in an Outpatient Rehabilitation Setting
  Monique Tremaine, PhD

3:15pm Breakout Sessions
- ☐ Vestibular Therapy for Patients with Acquired Brain Injuries
  Joseph Caccavo, MPT
- ☐ Evaluating the Brain Injured Patient in the Trauma Center
  Allison Averill, MD
- ☐ Functional Visual Disabilities post-Stroke
  Anna Barrett, MD

**SATURDAY SESSIONS**

12:45pm Breakout Sessions
- ☐ Seating and Positioning in the Stroke and Brain Injury Population
  Terrence Carolan, PT, ATP
- ☐ The Safety Dilemma in Brain Injury Care
  Joan Alverzo, PhD, CRRN
- ☐ Driving after Brain Injury
  Beth Rolland, OTR, CDRS

2:00pm Breakout Sessions
- ☐ An Interdisciplinary Approach to Behavioral Management post-Brain Injury
  Hossam Bayoumy, PT
- ☐ Augmentative-Alternative Communication after Brain Injury
  Julie Burhart-Crumby, MS, CCC-SLP, ATP
- ☐ Neurobehavioral and Cognitive Sequela post Stroke: Impact on Function
  Monika Eller, OTR
  Monique Tremaine, PhD

In compliance with the Americans with Disabilities Act of 1990, Kessler Institute for Rehabilitation will make all reasonable efforts to accommodate persons with disabilities. Please call (973) 324-3666 with your requests at least one month prior to the course date.

For more information call: (973) 324-3666
Garden State Parkway - Heading North:
- Take Parkway North to Exit 145 and follow signs for 280 West-The Oranges.
- Take Rte 280 to Exit 7.
- As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
- Pass through two traffic lights.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.

Garden State Parkway - Heading South:
- Take Parkway South to Exit 145 and follow signs for 280 West-The Oranges.
- Take Rte 280 to Exit 7.
- Follow directions from the Garden State Parkway North to Kessler Institute for Rehabilitation.

Lincoln Tunnel - Heading South:
- Take Lincoln Tunnel and follow signs for the New Jersey Turnpike South.
- Follow the Turnpike to Exit 15 West.
- After the toll, follow signs for Rte. 280 West.
- Remain on Rte. 280 West to Exit 7.
- As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
- Pass through two traffic lights.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.

George Washington Bridge - Heading South:
- Take Rte. 80 West and follow signs for the Garden State Parkway - South.
- Remain on the Garden State Parkway - South until Exit 145 and follow signs for Rte. 280 West - The Oranges.
- Remain on Rte. 280 West until Exit 7.
- As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
- Pass through two traffic lights.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.

Rte. 80 - Heading East:
- Take Rte. 80 East following signs for Rte. 280 East - The Oranges.
- Remain on Rte. 280 East until Exit 7.
- As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
- Pass through the next traffic light.
- Kessler Institute for Rehabilitation is located ¼ mile on the right.

For special events, seminars, and workshops at Kessler Institute for Rehabilitation's West Orange campus, please follow signs for Conference/Seminar parking.