

Transitioning Your Care

Our goal, like that of our patients and their families, is for them to return home as safely, quickly and independently as possible. While the majority of our patients are successfully discharged to home, some were transitioned to the next level of care or services.

Our patients' **Length of Stay** varies, depending on the individual's diagnosis, plan of care and progress. Overall, patients had an average length of stay of 14 days at our Chester campus.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
18 days	15 days	17 days	14 days	13 days	13 days	15 days	13 days

A majority (68%) of the 1364 patients who chose Kessler Institute – Chester campus for their rehabilitation in 2018 were **discharged to home**.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
64%	62%	59%	70%	75%	72%	63%	72%

Some patients who completed their inpatient stay were not yet ready to return home and were **transitioned to the next level of care**. In 2018, about 22% of our patients went to sub-acute/nursing facilities.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
29%	18%	27%	21%	14%	22%	26%	20%

In some cases, patients required more extensive testing, medical services and/or follow-up procedures not available in the rehabilitation hospital setting. As a result, about 10% of patients were transferred to an **acute care hospital** in 2018; most returned to Kessler to continue their rehabilitation.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
7%	19%	14%	8%	10%	6%	11%	8%