

Transitioning Your Care

Our goal, like that of our patients and their families, is for them to return home as safely, quickly and independently as possible. While the majority of our patients are successfully discharged to home, some were transitioned to the next level of care or services.

Our patients' **Length of Stay** varies, depending on the individual's diagnosis, plan of care and progress. Overall, patients had an average length of stay of 15 days at our Saddle Brook campus.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
19 days	18 days	17 days	16 days	11 days	12 days	14 days	13 days

A majority (68%) of the 2,010 patients who chose Kessler Institute – Saddle Brook for their rehabilitation in 2018 were **discharged to home**.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
73%	62%	59%	68%	75%	77%	77%	70%

Some patients who completed their inpatient stay were not yet ready to return home and were **transitioned to the next level of care**. In 2018, about 17% of our patients went to sub-acute/nursing facilities.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
13%	14%	25%	21%	6%	15%	11%	8%

In some cases, patients required more extensive testing, medical services and/or follow-up procedures not available in the rehabilitation setting. As a result, about 15% of patients were transferred to an **acute care hospital** in 2018; most returned to Kessler to continue their rehabilitation.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
12%	24%	16%	11%	19%	7%	10%	22%