

# Transitioning Your Care

Our goal, like that of our patients and their families, is for them to return home as safely, quickly and independently as possible. While the majority of our patients are successfully discharged to home, some were transitioned to the next level of care or services.

Our patients' **Length of Stay** varies, depending on the individual's diagnosis, plan of care and progress. Overall, patients had an average length of stay of 19 days at our West Orange campus.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
29 days	22 days	20 days	17 days	12 days	14 days	14 days	14 days

A majority (64%) of the 2,584 patients who chose Kessler – West Orange for their rehabilitation in 2018 were **discharged to home**.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
60%	62%	58%	63%	57%	74%	64%	71%

Some patients who completed their inpatient stay were not yet ready to return home and were **transitioned to the next level of care**. In 2018, about 20% of our patients went to sub-acute/nursing facilities.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
15%	16%	27%	21%	30%	20%	21%	16%

In some cases, patients required more extensive testing, medical services and/or follow-up procedures not available in the rehabilitation hospital setting. As a result, about 15% of patients were transferred to an **acute care hospital** in 2018; most returned to Kessler Institute to continue their rehabilitation.



Spinal Cord Injury	Brain Injury	Stroke	Neuro-logic	Cardiac	Ortho-pedics	Amputa-tion	General Rehab
24%	21%	15%	15%	13%	6%	15%	12%